

## Mental Health PD Conference for LINC Instructors & Administrators - Toronto Area

Friday, March 23, 2018, 8:00 AM – 4:30 PM, Sheraton Hotel, Toronto

### AGENDA:

TIME	ACTIVITY – PRESENTERS
8:00 - 9:00 am	Sign-In & Light Breakfast
9:00 - 9:15 am	Welcome & Setting the Stage
9:15 - 10:30 am	Session 1: <i>Newcomers' Mental Health and Providing Effective Support</i>
10:30 - 10:45 am	Break & Refreshments
10:45 am - 12:00 pm	Session 2 – <i>PANEL DISCUSSION</i>
	Panelists: <b>Abdul Abubaker</b> , Canadian Centre for Victims of Torture   <b>David Burt</b> , Canadian Centre for Victims of Torture   <b>Denis Olivier</b> , Canadian Mental Health Association   <b>Sally Ghazal</b> , Catholic Crosscultural Services   <b>Joumana Maamari</b> , Polycultural Immigrant and Community Services
12:00 - 1:45 pm	Lunch On Your Own
1:45 - 3:00 pm	Session 3 – <i>GENERIC</i>
Session 3 - A	<i>Torture &amp; Second Language Acquisition (General Points)</i>
Session 3 - B	<i>Mental Health: Signs and Symptoms, How to Help and Crisis Support</i>
Session 3 - C	<i>Identifying Learners with Possible Mental Health Challenges</i>
Session 3 - D	<i>Building Resiliency: Providing Effective Support to Clients Affected by Mental Health Issues</i>
Session 3 - E	<i>How to bring Self-Care and Wellness to Work: the Cost of Caring</i>
3:00 - 3:15 pm	Break & Refreshments
3:15 - 4:30 pm	Session 4 – <i>TEACHING-SPECIFIC</i>
Session 4 - A	<i>Torture &amp; Second Language Acquisition (Classroom Experience)</i>
Session 4 - B	<i>Mental Health: Resources, Referrals and Communicating with Students</i>
Session 4 - C	<i>Identifying Learners with Possible Mental Health Challenges</i>
Session 4 - D	<i>Building Resiliency: Providing Effective Support to Clients Affected by Mental Health Issues</i>
Session 4 - E	<i>How to bring Self-Care and Wellness to Work: the Cost of Caring</i>
Following Session 4	PD Certificate Pick-up